

WINTER4KIDS Athletics



Located on the Campus at the National Winter Activity Center. Team W4K offers competition and development programs integrated with US Ski & Snowboard for age groups U6-U21. Emphasizing on fun through motivation and instruction we help athletes reach their personal ski, snowboard or cross-country goals while creating paths to upper level, interscholastic and recreational competition.

Our coaches are US Ski & Snowboard certified and base their daily training plans on USSS Ski drills, all mountain guided skiing, and gate training.

Winter4Kids.org

44 Breakneck Road, Vernon, NJ 07462 973.846.8250



AGES

Team Winter4Kids is a competition program for youth ages 6-20.



GOALS

Shared Experience

Fun

Progress

Compete







TEAM W4K PROGRAM

Team W4K (age groups U6-U21)trains weekdayevenings and weekends. Training is Tuesday/Wednesday/Thursday/ Saturday/Sunday

Extension Program is for athletes in other weekend programs who wish to train during the week. Training is Tuesday/ Wednesday/Thursday. Transportation options from NYC available.

High School Crossover is for athletes participating in interscholastic race programs.

Training is Saturday & Sunday.

Devo Program is an introduction to ski racing. Athlete must be able to ride chair lift independently. Training is Saturday & Sunday.



Have a passion for winter activities? Contact coaching@winter4kids.org



REGISTRATION

Online Registration
Register HERE



DATES

December-MarchWeather and
Conditions Permitting

2025 Holiday Camp December 23th - 27th

Team Winter4Kids Parent Information 2025

This document will help guide you through the basics what is needed for your child to be a Alpine Ski racer. This covers U Level racing (U-8 to U21) as a member of Winter4Kids. There is a good deal of information here so please read carefully.

Winter4Kids is a Member Club of the United States Ski and Snowboard organization (USSS) and the New York State Ski Racing Association (NYSSRA).

Age Classification:

Based on your age as of December 31, 2024

Age Class	Age	Year of Birth
Sr.	21 and Older	2003 earlier
U21	19 and 20	2004/2006
U18	16 to 18	2007/2008
U16	14 and 15	2009/2010
U14	12 and 13	2011/2012
U12	10 and 11	2013/2014
U10	8 and 9	2015/2016
U8	7 and Under	2017 and later

U10/8 Experience events do not require a US. Ski and snowboard or NYSSRA License.

U10 and younger parents contact Sadie or Chuck before purchasing a US Ski and Snowboard License

Obtaining a U.S. Ski & Snowboard Membership

All Eastern Open Class races will be U.S. Ski & Snowboard and NYSSRA Sanctioned events. All athletes must hold a U.S. Ski & Snowboard <u>and</u> New York State Ski Racing Membership in order to compete in these events. In order to obtain that membership, please follow these few steps to get both:

U18 athletes that intend to compete for a foreign country or who do NOT have a US passport contact Chuck before licensing.

- 1. Visit <u>www.usskiandsnowboard.org</u>
- 2. Click on 'Become a Member'
- 3. Either 'Create an Account' or 'Log In' to your My U.S. Ski & Snowboard account.
- 4. From you 'My Account' box choose 'Register a new U.S. Ski & Snowboard member'
- 5. You will need to choose an **Alpine Competitor License** based on your age and choose the Eastern Division, plus include your club, *Winter4Kids*
- 6. You will complete all steps and check out at the end.

7. Questions? Contact Head Coach Chuck Harris Charles.harris@winter4kids.org

New York State Ski Racing Association Membership: Go to: https://nyssra.org/ Follow the link to Join NYSSRA

U16 and older races are SCORED races and count to the National Points System U14 and younger races are NON SCORED and do not count for points or rankings.

2025 Race Bibs:

For the 2024-2025 season all athletes will be assigned a bib at the Team Captains Meeting before each race. A Winter4Kids coach will pick up and distribute the bibs for the race series. Bibs must be returned to the race organizer at the end of the series. You will be charged a fee by the Race Organizer for unreturned bibs

Equipment (Eastern Region US Ski and Snowboard)

- Helmets designed and manufactured for the particular event of ski racing being contested are required for all competitors and forerunners in all USSA events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS 98. The CE mark (pictured here) shall be affixed in a nonremovable way on the back of the helmet in a visible location not covered by the goggle strap. (FIS sticker)
- Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL.
- Helmet mounted cameras or it's mount are not allowed on helmets in official training or competition. USSA does not wish for officials to disqualify, or deny entry or starts to an athlete because the athlete has personalized his/her helmet with stickers, glitter, or other applications.



- Skis may be event specific, Slalom (SL), Giant Slalom (GS). See coaches for rules pertaining to different age classes
- Speed suits are optional and are not required, But highly recommended.
- Mouthguard, Back, arm, shin protections equipment are optional but highly recommended for athletes.
- U12 and under athletes may not have more than **ONE** pair of skis at any event.

Program Contacts

Program Director: <u>schone.malliet@winter4kids.org</u>

Head Coach/Technical Director: Chuck Harris charles.harris@winter4kids.org **U12 and Under Coordinator:** Sadie Whiteley sadie.whiteley@winter4kids.org

Race selections:

W4K coaching staff will provide a list of supported races once the 2025 NYSSRA schedule has been finalized and published. We will advise you of which races your athlete is ready for and needs to enter. Races may be added or dates change during the season for various reason. (example: weather, safety). Race opportunities may arise due to athlete performance over the season.

Race sign up:

For most Races and events you will use Admin Ski Racing to sign up. Follow this link to the information page to create your account and start signing up for races.

https://adminskiracing.com/race-sign-up-info

For help with Admin Ski Racing: Sadie Whiteley sadie.whiteley@winter4kids.org

This document may be updated or changed to reflect any rule or schedule changes by the FIS, USSS, or NYSSRA